Steps to the Dwarfism Awareness Proclamation Request for each state

- To start, search your state's name online followed by “proclamations”. Usually within the first page of your state's governor's page you can find a section for proclamations. Some states archive them by year, many also have a proclamation request form link to submit the proclamation request.

- As mentioned above, you may find an online request form, or contact information for the governor’s office to inquire about the steps needed for the proclamation request. Occasionally, paperwork is required to be sent by mail.

- Some states allow a request for a special recognition from the governor. Inquire about photo opportunities. Consider not just with the governor, but you could also do the mayor of your capital city for example.

- In most states, requests are usually due between 30 days - 45 days out minimally, and no earlier than 6 months out.

- Proclamation requests are usually needed to be renewed every year.

- List yourself as the contact information on the request as LPA doesn’t have offices for each state and requests need to be made from members of the state, not by a district leader or national office.

- Most states require 4-5 "where as" statements. Easiest to see the examples provided from other states and make them your own.

- Here are a few facts that have recently been updated and you will need for your proclamation request.
  - There are over 450 types of known short stature genetic conditions.
  - The incidence is around 1 in 5,000 births. (you can use this number to estimate how many people in your state may have dwarfism based off your state’s total population). Divide the state’s population by 5000 and this is your estimated population.
  - There are an estimated 65,000 people in the United States with dwarfism.
  - There is an estimated 1.5 million people in the world with some type of dwarfism.