



# **Dwarfism Awareness Month**

*with*



**LITTLE PEOPLE OF AMERICA**  
Empowerment • Awareness • Community



# What is Dwarfism?

Little People of America (LPA) defines dwarfism as a medical or genetic condition that usually results in an adult height of 4' 10" or shorter, among both men and women, although in some cases a person with a dwarfing condition may be slightly taller than that.



# Different Types of Dwarfism

*There are over 400 Different Types. Some of the more common types are...*

- Achondroplasia (Achon)**
- Spondyloepiphyseal Dysplasia (SED)**
- Diastrophic Dysplasia**
- Pseudoachondroplasia**
- Osteogenesis Imperfecta**

# What is Achondroplasia?

Achondroplasia is by far the most common type of dwarfism, accounting for approximately half of all cases of profound short stature. Over 80% of individuals with achondroplasia have parents with normal stature and have achondroplasia as the result of a de novo gene mutation. FGFR3 (Fibroblast growth factor receptor 3) is the only gene known to be associated with achondroplasia.



# Lifestyles and Adaptations

- Genetics
- Diagnosis
- Adaptations
- Discrimination and Disrespect
  - Public Awareness and Perception
  - Workplace Discrimination
- Media
  - Positive and Negative Aspects

Societal Interactions: <https://youtu.be/bXpq-sf0Drk>



# Terminology

*What is the preferred language?*

- Most Preferred: Our Name
- Little Person, LP
- Person / Individual with Dwarfism
- Dwarf
- Short Statured

**Warning!** Midget is an outdated, antiquated term that is considered offensive and degrading to the LP community.



## Want to learn more? Follow along LPA...

LPA Website: [www.lpaonline.org](http://www.lpaonline.org)



: @LittlePeopleofAmerica



: @LittlePeopleofAmerica



: @LPANational